Life Orientation

Grade 8

Term 2

**Learning styles, career categories and the role of work**

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| 1. | Explain what you will do to learn if you use the **visual** learning style? |
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| 2. | Explain what you will do to learn if you use the **aural** learning style? |
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| 3. | Explain what you will do to learn if you use the **kinaesthetic** learning style? |
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| 4. | Explain what you will do to learn if you use the **reading & writing** learning style? |
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| **Career categories**  |
| 5. | Define personality in your own words |
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| 6. | Give three examples of personality traits that you have |
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| 7. | Explain 3 of the six career categories and give 3 examples for each category  |
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| 8. | Name 3 careers that you are interested in and explain why? |
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|  | **3.** |
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| **Interest, abilities, skills and school subjects required by and related to each career category**  |
| 9. | What is an ability? |
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| 10. | What are interests? |
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| 11. | People in the following career fields have specific interests & abilities; give examples of these for each career category, the fist category has been completed as an example for you to see how to complete the answer |
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|  | 1. **Investigative**
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|  |  |
|  | * Likes to solve problems
 |
|  | * Like to study math
 |
|  | * Prefers to work alone
 |
|  | * Is precise
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|  | 1. **Enterprising**
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|  | 1. **Realistic**
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|  | 1. **Artistic**
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|  | 1. **Conventional**
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|  | 1. **Social**
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| 12. | There are 3 things you would look out for when choosing a work environment? |
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| **The role of work in relation to South Africa’s social and economic needs** |
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| 13. | Explain what social needs are |
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| 14. | Give good examples and descriptions of social and economic needs in a community  |
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|  | **Social needs** | **Economic needs** |
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|  | 2. | 2. |
|  | 3. | 3. |
| **Identify needs in the community & country** |

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| 15. | Define the term “commodity”? |
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| 16.  | Define the term “trends” |
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| 17. | Are there any community development projects in your community? Name and describe them |
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| 18. | Identify community development projects needed in your community and make suggestions of what can be done to develop your community? |
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| 19. | What skills shortages do you know of in our country and wat careers are linked to these skills? |
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| 20. | Which careers do you think is to most chosen careers? Why do you think so? |
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**Social factors that contribute to substance Abuse**

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| 21. | What contributes to substance abuse? |
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| 22. | You are at a friend’s house and some of your friends are doing drugs, they ask you to “use” with them but you don’t want to; what refusal techniques can you use to get out of this situation? |
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| 23. | Define the term “decision-making skills” |
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| 24. | What is some of the short-term consequences of using drugs? |
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| 25. | What is some of the long-term consequences of using drugs? |
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|  | 1. |
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| 26. | Why do drug addicts become involved in a life of crime? |
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| 27. | Are drug addicts violent people? Explain your answer |
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| 28. | Why would drug abuse have a negative effect on education? |
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**Rehabilitation options**

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| 29. | Define the term “in-patient”? |
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| 30. | Define the term “out-patient”? |
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| 31. | Define the term “support groups”? |
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| 32. | Explain how rehabilitation works |
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| 33. | Look in your local newspaper, social media etc. and list 4 rehabilitation centers  |
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| 34. | How will it effect a family if a family member has a drug or alcohol addiction? |
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